



**16 to 26 Coachcard**  
Travel more, spend less

- Up to 30% off coach travel
- For ages 16 to 26 years
- Available to mature students
- Coachcard £10 for one year



**Family Coachcard**  
Kids go free

- Great savings on family travel
- Adult pays the full fare, child travels free
- Ideal for days out, short breaks or travelling to and from the airport
- Guaranteed seats, with a valid ticket
- Coachcard from £8 for one year



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- Nationwide network of pick-up points
- Straight to the heart of the action
- Guaranteed seat, with a valid ticket
- Secure luggage storage



**Travel more**  
**spend less**



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**Birmingham, B16 8XN**

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 For more details please view our General Conditions of Carriage online ([nationalexpress.com/conditions](http://nationalexpress.com/conditions)) or in any of our outlets.

**Important:**

Information is correct at time of going to print (16 May 2011) but could be subject to change. National Express Limited cannot be held responsible for any inconvenience caused by subsequent changes.  
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 Please be at your departure point 10 minutes before your scheduled departure time. If you miss your coach you will be required to purchase a new ticket for travel.  
 Issued by National Express, Birmingham Coach Station, Mill Lane, Digbeth, Birmingham B5 6DD

**London to/from**  
**Great Yarmouth,**  
**North Norfolk**



**Coach timetable**

- Great Yarmouth**
- Bury St Edmunds
- Cromer
- Dereham
- Lowestoft
- Mildenhall
- Newmarket
- Swaffham
- London**

## North Norfolk and Great Yarmouth to London

Coach number Periods of Operation Days of operation	497 Daily	497 Daily	490 1 Daily	490 2 Daily	496 Daily	497 Daily
<b>CROMER</b> , Bus Station, Prince of Wales Road					0920	
<b>East Runton</b> , near Post Office Stores					0923	
<b>West Runton</b> , Post Office Stores					0925	
<b>Sheringham</b> , Station Approach, Bus Shelter, T.I.C.					0930	
<b>High Kelling</b> , Pine Heath Nursing Home entrance, opposite Shelter					0937	
<b>Holt</b> , War Memorial, outside Railway Tavern					0945	
<b>Fakenham</b> , Oak Street, outside Brown & Co					1010	
<b>North Elmham</b> , B1145, opposite Kings Head Hotel					1025	
<b>Dereham</b> , Market Place, outside NatWest Bank					1040	
<b>Swaffham</b> , Market Place, Coach Stop					1105	
<b>Mundford</b> , Lay-by, near War Memorial					1120	
<b>Brandon</b> , G & I Autoparts					1130	
<b>Mildenhall</b> , Bus Station					1155	
<b>GREAT YARMOUTH</b> , Market Gates (East Side), Coach stop	0550g	0815	0940	0955		1225
<b>Gorleston-on-Sea</b> , Global Travel Lounge	0558g	0823				1233
<b>Lowestoft</b> , Britten Centre, Bus Station	0620g	0850				1300
<b>Oulton Broad</b> , Bridge Road, Smiths DIY"	0625g	0855				1305
<b>Beccles</b> , Bus Station		0913				
<b>Bungay</b> , Earsham Street, outside Castle Hotel		0928				
<b>Harleston</b> , Bus Stop, Broad Street		0940				
<b>Diss</b> , Bus Station	0715g					1355
<b>Stanton</b> , Old Bury Road, Memorial, Bus Shelter, corner The Street	0735g	1010				
<b>Ixworth</b> , Bus Stop, near Village Hall/Library	0741g					
<b>Bury St Edmunds</b> , Bus Station, St Andrews Street North (arrive)	0805g	1035				1440
<b>Bury St Edmunds</b> , Bus Station, St Andrews Street North (depart)	0810g	1055				1445
<b>Newmarket</b> , High Street, outside Hughes Electrical	0835g	1120				1510
<b>London</b> , (Stratford), Broadway, Stop E	1005	1250	1300		1330	1635
<b>LONDON</b> , Victoria Coach Station, Arrivals Hall	1050	1335	1350	1340	1415	1720

## Important notes

- 1** Operates until 12 June.
- 3** Operates from 13 June.
- e** Operates 10 minutes later Monday to Friday. (excluding Bank Holidays & 28 - 30 December).
- g** Operates 15 minutes later Saturday, Sunday & Bank Holidays. (also 28 - 30 December).
- h** Operates 15 minutes later Monday to Friday. (excluding Bank Holidays & 28 - 30 December).
- y** Operates 30 minutes later Monday to Friday. (excluding Bank Holidays & 28 - 30 December).

**25 December - No service**

**26 December and 1 January - Limited service please call 08717 81 81 81 for assistance**

## London to North Norfolk and Great Yarmouth

Coach number Periods of Operation Days of operation	497 Daily	496 Daily	490 1 Daily	497 Daily	490 2 Daily	497 Daily
<b>LONDON</b> , Victoria Coach Station, Departures Hall	1200	1430	1500	1530	1630	1830
<b>London</b> , (Stratford), Bus Station, Stop C	1240	1510	1540h	1610	1610	1910
<b>Newmarket</b> , High Street, opposite Hughes Electrical	1400			1730h		2030
<b>Bury St Edmunds</b> , Bus Station, St Andrews Street North (arrive)	1430			1800h		2100
<b>Bury St Edmunds</b> , Bus Station, St Andrews Street North (depart)	1435			1810h		2105
<b>Ixworth</b> , Bus Stop, opposite Village Hall/ Library				1830h		2119
<b>Stanton</b> , Old Bury Road, Memorial, Bus Stop, corner Duke Street				1830h		2125
<b>Diss</b> , Bus Station	1515					2145
<b>Harleston</b> , opposite Duke William P.H.				1857h		
<b>Bungay</b> , Earsham Street, Cadge & Gilbert Solicitors				1910h		
<b>Beccles</b> , Bus Station				1925h		
<b>Oulton Broad</b> , Bridge Road, Westside, Mudford Lock	1605			1937h		2225
<b>Lowestoft</b> , Britten Centre, Bus Station	1615			1950h		2235
<b>Gorleston-on-Sea</b> , Boots	1630			2005h		2250
<b>GREAT YARMOUTH</b> , Market Gates (East Side), Coach stop	1645		1845y	2015h	1955h	2300
<b>Mildenhall</b> , Bus Station		1635e				
<b>Brandon</b> , opposite 23 London Road		1650h				
<b>Mundford</b> , opposite Lay-by		1655h				
<b>Swaffham</b> , Market Place, Coach Stop		1715h				
<b>Dereham</b> , Market Place, outside NatWest Bank		1740h				
<b>North Elmham</b> , B1145, outside Kings Head Hotel		1750h				
<b>Fakenham</b> , Oak Street, outside Brown & Co		1810h				
<b>Holt</b> , War Memorial, opp Railway Tavern		1835h				
<b>High Kelling</b> , Bus Shelter, opposite Pine Heath Nursing Home		1840h				
<b>Sheringham</b> , Station Approach, Bus Shelter, T.I.C.		1850h				
<b>West Runton</b> , opposite Post Office Stores		1853h				
<b>East Runton</b> , opposite Post Office Stores		1856h				
<b>CROMER</b> , Bus Station, Prince of Wales Road		1900h				